

# Types of Programs



## Community Based Programs

### Young Athletes Program (Ages 2-7)

Young Athletes Program (YAP), serves 76,000 participants aged 2 - 7 years old around the world. The program includes active games, songs and other play activities that help children develop motor, social and cognitive skills.

- *Volunteers run YAP using the curriculum, equipment and training provided by Special Olympics.*

### Local Programs (Ages 8 & Older)

A Local Program is a group of athletes and volunteers that are training and competing together in Special Olympics. Local Programs consist of key leadership volunteers that plan, implement, and oversee programming for athletes under the established policies, practices, and guidance of SOSC staff. Local Programs vary in size and scope. The program may have a few athletes or many athletes. The program may train/compete in just a couple of sports or in all 12 sports offered in Southern California.

#### Spring Sports Season (February to early June)

Athletics (track & field), Aquatics, Basketball, Bocce, Golf & Gymnastics

#### Fall Sports Season (August to early December)

Bowling, Floor Hockey, Soccer, Softball, Tennis, and Volleyball



## School Based Programs

### Young Athletes Program (Ages 2-7)

Young Athletes Program (YAP), serves 76,000 participants aged 2 - 7 years old around the world. The program includes active games, songs and other play activities that help children develop motor, social and cognitive skills.

- *Teachers run YAP in the classroom, during school hours, using the curriculum, equipment and training provided by Special Olympics.*

### School Games (Elementary, Middle & High School)

School Games is a partnership between Special Olympics and Adapted Physical Education teachers to offer sports training and athletic competition programs for students with intellectual disabilities and other special needs.

- *APE teachers work with their students to learn the sport over a 5-8 week period of time (the season). At the end of a season, all schools participating in that sport compete against one another in a tournament which is supported by Special Olympics.*

#### Spring Season Sport:

Athletics (track & field)

#### Fall Season Sport Options:

Basketball or Soccer

### Unified Leagues (High School Only)

Unified Sports is an inclusive program that combines high school students with intellectual disabilities (athletes) and high school students without intellectual disabilities (partners) on sports teams for training and competition. Unified Sports Teams compete in tournaments and winning teams will then move on to compete in championships. It is run similar to School Games.

#### Spring Season Sport:

Basketball

#### Fall Season Sport:

Soccer